



"To strive with honour"

Centre Records

Track Events

Track event records are automatically recognised during weekly competitions; no prior notice is required. The electronic system time will be accepted as a record once a committee member verifies with the starter that no false start occurred.

Criteria for Track Records

1. Must be conducted in the athlete's nominated age group and gender for the following events:
 - 100m, 200m, 400m, 800m, Hurdles
2. No pacer usage or dishonest conduct is allowed.
3. Mixed races for 1500m and 3000m are permitted if the athlete is not paced.

Field Events

Field event records require prior notice to ensure record integrity.

Requirements for Field Records

1. Submit 1 weeks' notice in writing to eplacresults@gmail.com, including:
 - Athlete name
 - Event
 - Date of attempt
2. Athlete must have recently achieved a performance suggesting they are likely to break the record.

Officiating & Verification

- Officiated by 2 officials.
- Best measurement from 3 attempts is recorded.
- Records are signed off by the 2 officials and later validated by the Club Results Officer.

If a competition is cancelled, the attempt is rescheduled for the next available competition.

No new record attempts are allowed in the last 2 weeks of competition, except if an athlete was previously nominated and the attempt was cancelled due to weather.